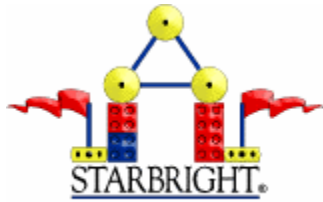


ILLINOIS FIRE SAFETY ALLIANCE SPONSOR OF COMIC BOOK  
THE X-MEN IN: LIFE LESSONS



Life Lessons is a product of the STARBRIGHT Foundation and is brought to you through the generosity of sponsors.



STARBRIGHT® has teamed up with Marvel® Comics to create a unique and powerful educational comic book to help children, ages 9-17, with burn injuries learn social re-integration skills.

The goal of the comic book is to impart “life lessons” that will help young burn survivors adjust and cope with their injury. Our hope is that these techniques will help normalize children’s experiences, revive their self-confidence, arm them with adaptive ways of coping with physical pain, teasing, stares, and different abilities, and bolster the support that family, friends, teachers, and classmates can offer.

**Life Lessons** features the popular X-Men characters and introduces a new teenage X-Man named T-Ray who survives a serious burn injury. The principal messages of the book are interwoven with T-Ray's return to school, as he struggles to find ways to cope with the challenges of his injury. Key themes include:

- The importance of self-acceptance in order to gain acceptance by others
- Not defining yourself by your injury
- Managing interactions with others by managing your actions and responses
- Responding to questions, teasing and staring with confidence
- Finding coping strategies that work for you

**The X-Men in: Life Lessons** includes a Discussion Guide with tips and strategies for adults using the comic book with children.

The Illinois Fire Safety Alliance has distributed the book to Illinois Burn Units, campers attending the 2003 Illinois Fire Safety Alliance Burn Camp “Camp I Am Me” and Fire Fighters National Children’s Burn Camp, Washington, D.C.